

What Do the Trend Arrows Mean?

Expected blood sugar variation within the next 10 minutes according to the trend arrows

		Continuous glucose monitoring systems		Flash glucose monitoring system
		DEXCOM : Dexcom G5 Dexcom G6	MEDTRONIC : Enlite 2 Guardian Sensor 3 Guardian Connect	ABBOTT : FreeStyle Libre FreeStyle Libre 2
TREND ARROWS	↑↑↑		<u>rapid increase</u> higher than 1.7 mmol/L	
	↑↑	<u>rapid increase</u> higher than 1.7 mmol/L	<u>increase</u> 1.1-1.7 mmol/L	
	↑	<u>increase</u> 1.1-1.7 mmol/L	<u>slow increase</u> 0.5-1.0 mmol/L	<u>rapid increase</u> higher than 1.0 mmol/L
	↗	<u>slow increase</u> 0.6-1.1 mmol/L		<u>increase</u> 0.6-1.0 mmol/L
	→ or no arrow	<u>stable</u> increase or decrease lower than 0.6 mmol/L	<u>stable</u> increase or decrease lower than 0.5 mmol/L	<u>stable</u> increase or decrease lower than 0.6 mmol/L
	↘	<u>slow decrease</u> 0.6-1.1 mmol/L		<u>decrease</u> 0.6-1.0 mmol/L
	↓	<u>decrease</u> 1.1-1.7 mmol/L	<u>slow decrease</u> 0.5-1.0 mmol/L	<u>rapid decrease</u> higher than 1.0 mmol/L
	↓↓	<u>rapid decrease</u> higher than 1.7 mmol/L	<u>decrease</u> 1.1-1.7 mmol/L	
	↓↓↓		<u>rapid decrease</u> higher than 1.7 mmol/L	